



North Dandy News



Term1 - Week 2

9th February 2026

From the Principal

WE'RE BACK!

Welcome back to a new school year for 2026! It has been such a pleasure to see our students engaged and focused from day one. Our first week was filled with happy, smiling students and our playground certainly has had a buzz to it. Thank you to our caring, committed staff who have worked hard to prepare for the new school year and set our students up for success.

I'd like to acknowledge how responsibly our students conducted themselves during our precautionary procedure last week when students were required to stay in classrooms while the local Police carried out safety procedures. An email was sent to all parents and carers detailing the incident; I'd also like to thank our community for their calm response and also the feedback that was provided to the school.

Resilience Project

Last year I informed our school community about a new program that our students will be taking part in this year. We will launch The Resilience Project curriculum with our students this week, the first of our lessons that will be delivered every week. Below is a link to an informative video designed for parents as we launch The Resilience Project. Parents and carers are encouraged to discuss with their children about what they have been learning during their lessons and even ways the program may be transferred to home. Stay tuned for more on this!

<https://vimeo.com/1124702592/bf8fa700fd?ts=15000&share=copy>

Todd Clark
Principal

WELCOME TO THE RESILIENCE PROJECT™

Families

Why wellbeing?



1 in 4 primary students experience high levels of depression or anxiety.¹



1 in 3 secondary students experience high levels of depression or anxiety.¹



2 in 5 adults experience a mental disorder in their lifetime.²

¹ State of the Nation Report 2024

² Australian Bureau of Statistics: National Study of Mental Health and Wellbeing, 2020-2022.

School wellbeing program

With staggering statistics among children, young people and adults in Australia, The Resilience Project is working to drive change through a preventative approach by building a culture of wellbeing in schools.

Based on the evidence-based principles of **Gratitude**, **Empathy**, **Mindfulness (GEM)** and **Emotional Literacy**, our program equips students with lifelong wellbeing habits and empowers families to support wellbeing at home.

The whole-school wellbeing program involves explicit teaching through our evidence-based curriculum alongside wellbeing habits being integrated in school routines.

Supporting wellbeing at home

We know that when schools, families and communities speak the same language around mental health, our young people thrive. Throughout the year, you'll receive resources to help you develop wellbeing and resilience at home.

Proven impact

Through multiple independent evaluations, students participating in our School Wellbeing Program have shown measurable improvements compared to students at schools that aren't involved.



Scan the QR code or [click here](#) to learn more.



The Imperfects podcast

[On this podcast](#), founder of The Resilience Project Hugh van Cuylenburg, his good friend Ryan Shelton, and only one of their brothers, Josh van Cuylenburg, talk to a variety of interesting people who vulnerably share their own struggles and imperfections, or expertly pass on their wisdom on the subject of imperfection. Whether it's in The Vulnerabilities House, The Academy of Imperfection, or with their resident psychologist, Dr Emily, The Imperfects are here to find some valuable takeaways we can all apply to our own imperfect lives.

School News

ASSEMBLIES

Our first little assembly for 2026 was held today. Regular student assemblies will now take place every Monday morning from 8.50am – 9.20am. Special assemblies will be held fortnightly with little assemblies (Values) to be held in Week 3 and Week 7. Big assemblies (Honours) will be held on Week 6 and Week 9.

ENVIRONMENT - MONDAY MORNINGS

We will continue to hold the environment programme on Monday mornings at 9.30am, immediately after assembly. We are always looking for volunteers and would love it if you could stay for the hour to help.

If you can assist us on these days, please let Mrs Maddern or the ladies in the office know.

IN TERM SWIMMING - 2026

In Term Swimming will be held at the Murray Aquatic and Leisure Centre in Pinjarra during Week 8, Term 1, 23rd March to 27th March 2026.

This is just a heads up so that families can plan for the cost of swimming. The cost for each student is \$40 which covers entry into the pool and hire of the bus.

More information and permission forms will go home with students in Week 5.

KINDERGARTEN & PRE-PRIMARY

A reminder that kindergarten is held 5 days per fortnight, every 2nd Monday on odd weeks (1, 3, 5, 7, 9) and every Tuesday and Wednesday of Term. Pre-primary is full time - every day.

Please also be reminded that kindergarten and pre-primary students are to be dropped off and picked up at class by an adult.

BREAKFAST CLUB IS BACK!



Re-starting next week, **Breakfast club will run from 8.20am to 8.40am** every Monday and Wednesday of term.

Everyone is welcome to come and enjoy a yummy and healthy breakfast to fuel their bodies and brains with energy to start the school day.

We would love it if anyone has a few hours to spare each week to help us on these days.

Celine Shadlow - School Chaplain



Leila Rose with one of our chickens



NEWSLETTERS

A newsletter will go home via e-mail on even weeks (2, 4, 6, 8 and 10).

TERM PLANNER

The latest term planner is attached to this week's newsletter.

START AND FINISH TIMES

The start and finish times for 2026 remain unchanged.

8.40am – Classes open

8.50am – Start

11.00am – 11.20am Recess

1.10pm – 1.50pm Lunch

3.00pm – Finish

BEFORE AND AFTER SCHOOL EXPECTATIONS

We would like to remind students that when they arrive at school, if their classroom door is not opened yet, they need to remain on the basketball court or the grass next to it.

The same goes for students waiting for the bus after school. Please remain on the basketball court or the grass next to it. This helps us to supervise all students adequately and keep everyone safe.

Just a reminder that we ask our students who do not travel to school by bus to arrive from 8.30am.

CANTEEN

This week we will kick off canteen with a yummy Sausage Sizzle. Please place your order via the Spriggy app before 4.00pm this Wednesday 11th February.

Canteen wouldn't be possible without the help of our volunteers. If you can assist us this year with a few hours of your time, please contact our amazing canteen coordinator Sarah Byrne-Mason on 0447 211 424.

BOOK CLUB ISSUE 1

The first Issue of Book Club went home with students today.

Please complete all details on the form and return with correct money to the P & C Box in the office.

Alternatively, orders may be done online via LOOP. Orders are due back by close of school on Friday 13th February.

GET UP TO
3 FREE BOOKS
WHEN YOU ORDER
ON ISSUE 1

Twinnings
Wombat
The Incredibles
See LOOP for the full list!

Every LOOP order earns a
\$5 DISCOUNT CODE
Included with order confirmation
to spend on Issue 2!

Offers are valid once per Issue on LOOP Orders only. See LOOP for Terms & Conditions.



	Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
February	1	Kindy Students First day of School						
		2	3	4	5	6	7	8
February	2	No Kindy Assembly						
		9	10	11	12	13	14	15
February	3	Kindy Little (Values) Assembly						
		16	17	18	19	20	21	22
February March	4	No Kindy Assembly						
		23	24	25	26	27	28	1
March	5	Labour Day Public Holiday						
		2	3	4	5	6	7	8
March	6	No Kindy Big (Honours) Assembly		NAPLAN	→			
		9	10	11	12	13	14	15
March	7	Kindy NAPLAN Little (Values) Assembly	→			Early Close 11am		
		16	17	18	19	20	21	22
March	8	No Kindy School Board Meeting SWIMMING	→					
		23	24	25	26	27	28	29
March April	9	Kindy Big (Honours) Assembly				Good Friday Public Holiday		Easter Sunday
		30	31	1	2	3	4	5
April		Easter Monday Public Holiday						
		6	7	8	9	10	11	12
April								
		13	14	15	16	17	18	19



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Be in receipt of an eligible Commonwealth social security benefit, allowance or payment
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



saverplus.org.au
1300 610 355



Circle of Security Parenting

An 8-week Relationship-Based Parenting Program

Circle of Security Parenting (COSP) is a FREE 8-session series that focuses on supporting and strengthening parent-child relationships and teaches new ways to understand and respond to your child's needs. It is based on decades of attachment research, and how secure parent-child relationships can be supported and strengthened.

You will learn to:

- Understand your child's emotional world & emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self-esteem

Tuesdays 10 Feb -31 Mar 2026 | 10am - 12pm
Online Via Zoom

To book: 0402 517 389 | E: peel.pcwa@anglicarewa.org.au

Supported by



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Tuesdays 10 Feb - 31 Mar 2026 | 7pm - 9pm

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